

# **SAM-App: TERMS AND CONDITIONS**

## **Terms and Conditions of Use**

1. This app is not a substitute for a qualified counsellor or therapist.
2. If you are already in therapy for anxiety-related concerns, you should discuss using the app with your therapist.
3. If you are unsure about the effects of using the app, or if you have concerns about your health and well-being, you should first consult your Doctor or Medical Adviser.
4. You should not rely on the material or information in this app as the basis for making any business, legal, personal, financial or other decisions.
5. You should consult an appropriate professional for specific advice.
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13. Anonymised data may be used for research purposes to inform development of the app and its functions.
14. This contract is subject to English law.